



**THE
AGILE
COMPANY**



ADVANCED AGILE TEAM COACHING



- Professional Team Coaching Certification
- 72 hours coach training & supervision
- Duration : 6 months





**THE
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TEAM COACHING SKILLS FOR AGILE TEAM COACHES

Agile Coaches are not only professional coaches, they bring with them a wealth of knowledge, experience and deep skill in Agile.

in everything you do as Agile Coach, including when you are teaching the team their Agile Framework, facilitating leadership meetings, mentoring a team member in adapting to their (new) role and when you find yourself coaching an entire team to deal with a difficult situation or decision. Developing a team with the right tools and most of all: helping the team to understand and hold the right mindset!

This program is an intense journey towards Agile Team coaching mastery in which you will interact with people from all over the globe. With this class you will also work with your peers in a group mentoring cohort in which you will dive deeper into the different subjects you have learned throughout the week!



After this mentoring program you will be able to call yourself a Forward Focused Agile Team Coach and use the powerful tools and deep-rooted solutions focused mindset that comes with this framework in each of the stances and competencies of Agile Coaching.

DEEP LEARNING & INTENSE MENTORING TOWARDS AGILE COACHING MASTERY





COHORT OBJECTIVES

HOW TO INTEGRATE THE ICF TEAM COACHING COMPETENCIES IN THE DIFFERENT ROLE WE CARRY AS TEAM COACH FOR AGILE TEAMS

- Reach Forward Focused Coaching conversation Mastery and learn to apply Core Coaching Competencies in everything you as Agile Team Coach.
- Become an expert level facilitator, mindful and coach mentor, effective and skilled trainer and a valued development partner for your team
- Become an **expert level facilitator**, mindful and **coach mentor**, effective and **skilled trainer** and a valued **development partner** for your team
- Develop your Self-Leadership through an intensive vertical development program
- Demonstrate poise and expert competency
- Show skill in designing team coaching sessions by analyzing and establishing desired outcomes and using a variety of techniques and tools in session design and can adapt team coaching modalities and interventions to what the team needs most at any given time
- Can hold tension between process expertise and content expertise in the space of agile practices and is able to self-manage when coaching teams and leadership in growing towards agile ways of working and self-organization



This program is the most extensive you will find; meeting up for two hours every week, to fully focus on understanding and integrating the Forward Focused Agile Team Coach mindset in all the team coaching modalities you use in your agile team coaching work.

This means we also focus on online facilitation, how to build the most engaging workshops, how to help your team create a culture of coaching... As the cohort will grow and change as we go, anything is possible! And lots of room to practice, deepen our learning and you can count on your mentors to help you in your journey toward achieving the Expert level in Agile Coaching.



COURSE PROGRAM

DEVELOPMENT IN THE DISCIPLINE OF COACHING FOR AGILISTS

- Professional Coaching Competency Framework (ICF) Definition of the role of a coach for Agile Teams
- Achieving essential changes in Mindset, self-awareness and self-management through vertical development

TEAM COACHING ADVANCED

- the different team coaching modalities and how to integrate them in your work
- Working effectively with team dynamics and maturity
- Coaching the Team as a complex system
- developing team coaching competencies beyond the sessions

TEAM COACHING SESSIONS

- Designing powerful coaching conversations for the team
- Unique and original designs for forward moving growth
- Listening to the team and its broader needs
- the 5 pillars of high performance teams
- Aligning with the larger system on the outcomes
- Growth identification for team sessions
- Exploration frameworks
- Action work and next steps
- Facilitating growth with the team at each step of their journey

PROFESSIONAL TEAM COACHING COMPETENCIES

- Demonstrates Ethical Practice
- Embodies a Coaching Mindset
- Establishes and Maintains Agreements
- Cultivates Trust and Safety
- Maintains Presence
- Listens Actively
- Evokes Awareness
- Facilitates Learning and Growth

OTHER MODALITIES

- Holding the core competencies in other modalities
- Moving in and out of the coaching stance - needed or not?
- The coach as team trainer
- The coach as team mentor
- the coach as team facilitator
- The coach as consultant for stakeholders

THE BEING OF THE TEAM COACH

- Active presence and listening to the single team
- Neutrality and presence
- Contracting and living values
- Allowing the team to own the conversation while holding the structure for growth;

INTEGRATED SUPERVISION

- At least 6 hours of integrated supervision work
- A high intensity expert Agile Team Coach supervision schedule in which we look at the different modalities used by Agile Coaches.



GOOD TO KNOW

INCLUDED IN THE COURSE

- **The Forward Focused Conversations Advanced Agile Team Coach - Expert Level Certificate**
- **72 coach specific training hours**
- 48 - teacher led synchronous learning hours
- 24 peer work and practice sessions
- Lecture, exercises and live discussions in an interactive environment
- Innovative and active learning methods
- The Professional Team Coach's tool box

DURATION

Experience a comprehensive 72 -hour coach-specific training course over 6 months

NUMBER OF SEATS

To ensure high quality training for our students, we decided to limit our classes to only 15 participants per cohort.

FOR WHO

This course is perfect for:

Agile Coaches, of course, but this class is open to anyone who wishes to become a professional coach; Consultants, leaders, HR-professionals, Scrum masters, managers and people looking for a career change.

The Coaching Fundamentals with Forward Focus Conversations module will focus mostly on the Coaching stance. We are Agile Coaches, but most of all, we are professional coaches, and this class focuses on that aspect.

PREREQUISITES

The course is open to anyone wanting to learn more about the Forward Focused Framework and team coaching. The ICF ACTC certificate can only be obtained for those who have achieved their ICF credential.

The The Forward Focused Conversations Advanced Agile Team Coach - Expert Level Certificate will be awarded to everyone who has shown evidence of competency in all modalities and especially in the team coaching sessions.





INSTRUCTOR AND COACH

Natascha Speets



The Forward Focused Conversations Arc was designed by Natascha Speets, PCC Certified, who came to the realization that most modern coaching styles and frameworks promote the same wish for their clients: Positive change, sustained learning, and deep awareness of self.

Natascha is a certified Solutions Focused practitioner, but also uses her knowledge of systemic coaching, the GROW model, non-violent communication, and appreciative inquiry when engaging with her clients in coaching conversations.

[Trainer page](#)



Certifications



Professional coach certified by the International Coach Federation.





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READY TO TAKE YOUR TEAM COACHING TO THE NEXT LEVEL?



ADVANCED AGILE TEAM COACHING MASTERY EXPERT LEVEL

ONLINE OR ON-SITE
CERTIFICATION COURSE



LEARN TO USE THE FULL RANGE OF TEAM COACHING COMPETENCIES AND TOOLS AND DEVELOP YOUR AGILE COACHING SKILLS

NEED A CUSTOM QUOTE?

For any questions about your training, contact Remco Verwoerd



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