THE AGILE COMPANY



COACH COMPETENCIES DEEP DIVE

CCA

PROFESSIONAL COACH TRAINING FOR AGILISTS

Part of both Level 1 and Level 2 education programs

ICF-ACCREDITED COACHING EDUCATION LEVEL 1 ICF

ICF-ACCREDITED COACHING EDUCATION LEVEL 2 ICF

- Coach Competencies for Agilists
  - 20 hours coach training
  - 7 group mentor sessions
  - 3 individual mentor sessions
  - 6 hours asynchronous learning
- Duration : 1 or 2 months

ICF COACH COMPETENCIES

This program provides all necessary training and mentor sessions for achieving your ICF ACC credential through the Level 1 track or your ICF PCC through the Level 2 track!





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FORWARD FOCUSED CONVERSATIONS

LEVERAGE YOUR **PROFESSIONAL** COACHING SKILLS

By directing energy in a positive way, focusing on strengths, and working towards a forwarding development curve, the coachee will feel motivated and energized by the emergence of solutions, rather than demotivated and demoralized if they were to focus only on the problem.

When you integrate the Forward Focused Conversation style into your coaching toolbox, you consider your clients as resourceful and competent people and you encourage these qualities.

Ask your clients to focus on positive stories with the intention of learning what has worked in the past and further encourage this behavior. Integrating a Forwarding Focus into your coaching practice changes the way you connect with others.

It can help take the client out of the problem state and create a posture that encourages a new way of thinking, where the possibilities for growth are endless.



Deep dive into the Core competencies by the ICF to reach either your level 1 or level 2 certification.

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COURSE OBJECTIVES

In this 3rd module we deepen the Core competencies by ICF professional Coaches and how they apply in your daily reality as Agile Coach. This course can be enjoyed separately or as part of the larger course offerings by The Agile Company.



This program is an intense journey towards coaching mastery in which you will interact with people from all over the globe. With this class you will also work with your peers in a group mentoring cohort in which you will dive deeper into the different subjects you have learned throughout the week!

AN EXTENSIVE PROGRAM... WHICH YOU CAN EASILY INTEGRATE INTO YOUR WORK LIFE, AS WE MEET ONLY TWO HOURS PER WEEK FOR AN INTERACTIVE, ENGAGING AND THOUGHT-PROVOKING SESSION.

With the Agile Company's Professional Coaching classes, you will start coaching immediately! Right from day one we will give you the tools to move towards having coaching conversations with the people you have available to you.
Also, as we are The Agile Company, you get the benefit of joining a large community of Agile Coaches you can coach, co train or just take advise from. Your learning never stops!

THE MOST COMPLETE AND HANDS - ON COACHING EDUCATION YOU CAN FIND!

This ICF accredited professional coach training course will give the advanced knowledge and practice needed to start coaching the entire Agile Organisation.

We focus on the ICF core competencies needed to apply for the ACC or PCC ICF credential and broaden our reach by applying these to team session and leadership coaching.
We also help you become more effective in conflict coaching. Combined with at least 7 group mentoring hours, 3 private mentoring hours and the peer coaching practice.

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COURSE PROGRAM
COACH COMPETENCIES FOR AGILISTS

THE COACHING CONVERSATION

Definition of coaching
The Arc of the coaching conversation
Understanding the need behind the want
Identifying the gap
Coaching questions and what they do
Solutions Focused Coaching for Agile and Forward Focused Conversations
Systems coaching
Professional Coaching Competency Framework (ICF)
Decisions and difficult sessions

PRACTICAL COACHING CONSIDERATIONS

The Mindset and posture of a coach
Contracting with single and multiple stakeholders
Supervision and dealing with Agile Leadership
The Agile Organization as a System
Ethical considerations when coaching Agile Teams
Self awareness and development.

ICF CORE COMPETENCIES

Demonstrates Ethical Practice
Embodies a Coaching Mindset
Establishes and Maintains Agreements
Cultivates Trust and Safety
Maintains Presence
Listens Actively
Evokes Awareness
Facilitates Learning and Growth

GROUP MENTOR COACHING SESSIONS

You can join these session at any time during your training, and even after you have finished! You need to participate in at least 7 practice sessions in which you will be coached, are coaching (at least 5 observed sessions) or you can observe and give feedback. We will note your attendance internally.



INDIVIDUAL MENTOR COACHING SESSIONS

Throughout the program you can book 3 sessions with your mentor in which you will be working on a recorded coaching session and identify core coaching competencies you have or will need to develop to reach your desired Credential by the ICF.

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GOOD TO KNOW

INCLUDED IN THE COURSE FEE

At least 30 hours of live online training plus **6 hours** asynchronous e-learning & Exam preparation
3 Professional Mentor Coaching hours on demand
at least 7 group mentoring hours
All the training materials, questions answered and hands-on tools
Full brief and notes
Innovative and active learning methods taken from "Teaching From the Back of the Room" & "Liberating Structures"
Your **Core Coach Competencies** Certificate

WHAT MAKES THIS PROGRAM UNIQUE

This Coach Training program is:

- A thorough program which you can easily integrate into your work life, only a few hours per week training
- Engaging, interactive and online: comfortable, virtual participation from anywhere in the world
- Designed for a diverse global audience (work with coaches and trainees from all over the globe)
- Concentrates on a highly transferable, easy to learn and respectful coaching approach

DURATION

This class can be taught in the enterprise or as a public training. This class covers 36-hours of training, either over the period of 10 days, 10 weeks or at **any convenient moment** for your team.

For public classes, check the **"upcoming training"** for more information on classes scheduled near you or online.



NUMBER OF SEATS

To ensure **high quality training** for our students, we decided to limit our program to 15 seats per cohort.

FOR WHO ?

This course is perfect for Change managers, leaders in Change initiatives, Scrum Masters, Agile coaches, Lean experts, team coach, project managers, managers working in an agile environment.

CERTIFICATIONS

At the end of this course you will receive the "**Core Coach Competencies for Agilists**, and depending on the track you decide to follow, your Level 1 or Level 2 certificate.

YOUR TRAINER

NATASCHA SPEETS

The Forward Focused Conversations Arc was designed by Natascha Speets, **PCC Certified**, who came to the realization that most modern coaching styles and frameworks promote the same wish for their clients: **Positive change**, sustained learning, and deep awareness of self.

Natascha is a **certified Solutions Focused** practitioner, but also uses her knowledge of systemic coaching, the GROW model, non-violent communication, and appreciative inquiry when engaging with her clients in coaching conversations.



More about Natascha



READY TO BECOME AN AGILE PROFESSIONAL COACH ?



COACH COMPETENCIES FOR AGILISTS

LEARN TO USE THE FULL RANGE OF FORWARD FOCUSED CONVERSATIONS TOOLS AND DEVELOP YOUR AGILE COACHING SKILLS

NEED A CUSTOM QUOTE?

For any questions about your training, contact us



EMAIL
contact@theagilecompany.org

WEBSITE
www.theagilecompany.org

LINKEDIN
www.linkedin.com/company/the-agile-company