



**THE
AGILE
COMPANY**



COACHING CONVERSATIONS

ICAgile Micro-credential



- 4-hour Deep dive into the power of coaching conversations
- Unlimited practice sessions with peers



<https://theagilecompany.org/icagile-coaching-conversations-microcredentials/>



ABOUT THIS COURSE

IMPROVE ALL YOUR CONVERSATIONS BY INCORPORATING COACHING SKILLS IN YOUR DAILY INTERACTIONS

4-Hour Experiential & Interactive Cohort-Based Workshop

Immerse yourself in the foundational skills of coaching conversations in a single, highly interactive session. Learn core techniques—such as active listening and powerful questioning—from an ICF mentor coach who will guide you step by step, answer questions, and provide personalized feedback.

Engaging Practice & Immediate Feedback

Engage in an interactive session with peers to practice coaching conversations in a live setting. Your ICF mentor coach will guide you through the learning, answer questions and give you valuable feedback on your coaching skills.

Applicable Skills, Immediate Impact

Acquire practical techniques you can implement immediately to foster team growth, enhance collaboration, and improve performance in your organization.



Targeted Learning

Designed to fit busy schedules, this concise, focused workshop offers maximum impact without unnecessary fluff.

Affordable, No Ongoing Costs

ICAgile certifications do not require renewal fees, giving you long-term value and professional credibility.

Trusted, Globally Recognized Certification

Stand out with a recognized certification from ICAgile, trusted by employers and professionals worldwide. Demonstrate your commitment to quality coaching practices and continuous professional development.



COURSE PROGRAM

Coaching Conversations

INTRODUCTION TO COACHING CONVERSATIONS

- What is Coaching?
- Definition and purpose
- Coaching vs. mentoring, consulting, and managing
- What is a Coaching Conversation?
- Characteristics of a coaching conversation
- Benefits of coaching conversations in professional and personal settings

FOUNDATIONAL COACHING SKILLS

- Coaching Presence
- Definition and importance
- Developing a coaching mindset
- Active Listening
- Characteristics of powerful questions



COACHING CONVERSATIONS VS. OTHER CONVERSATIONS

- When to Use a Coaching Conversation?
- Identifying the right moments to use coaching conversations

CONDUCTING AN EFFECTIVE COACHING CONVERSATION

- The Coaching Conversation Framework
- Contracting (setting the agenda)
- Exploration (using active listening and powerful questions)
- Action and Reflection (next steps and learning integration)
- Best practices

COACHING IN ACTION – CASE STUDIES & DEMONSTRATIONS

- Live Demonstration of a Coaching Conversation
- Good coaching conversation example
- Breakdown and analysis
- Guided Role-Playing Exercise (Self-Practice)
- Interactive scenario for learners to respond to
- Self-reflection questions

YOUR TRAINERS

Natascha Speets

Founder of The Agile Company and Course Director for all ICAgile and ICF courses, Natascha is dedicated to helping individuals and teams realize their full potential. With extensive experience leading agile transformations across diverse industries, she'll personally guide you through the course material—offering hands-on insights, real-world examples, and a supportive environment that empowers you to become a more impactful coach.



Trainer page



Tadej Accetto

Tadej Accetto is a skilled Agile Coach with over 20 years in the software industry, assisting organizations in adopting Agile methodologies to boost productivity and success. He is experienced in coaching Agile teams, facilitating workshops, and providing leadership coaching to help organizations achieve their goals and drive positive change.

Trainer page



Paulie Skaja

Paulie Skaja has over 30 years of experience in consulting, starting as a developer, business analyst, and tester before moving into project and program management. Passionate about Agile methodologies, Paulie has a unique approach to projects, focusing on customer needs and team collaboration. She often finds herself in leadership positions, helping teams and organizations evolve and succeed.



Trainer page





ICF CERTIFICATION LEVEL 1

LOOKING FOR ADDITIONAL CERTIFICATION?

At the end of your ACC & ATF course, you can order the "Coach Competencies for Agilists" course to obtain a new ICF Level 1 certification.



ICF REQUIREMENTS FOR OBTAINING THE ACC CREDENTIAL

60h Level 1 training

ICF LEVEL 1 Approved Education program. A minimum of 60 hours are required.

10 Mentor Coaching hours

- 7 of these sessions may be group sessions
- 3 are done with your ICF PCC mentor coach.

100 client coaching experience hours

- Completion of at least 100 client coaching experience hours following the start of coach-specific education including:
- at least 75 paid coaching hours
 - at least 25 hours of client coaching experience within the 18 months prior to submitting the ACC application
 - with at least 8 different clients.

Passage of ICF examinations

- One (1) Performance Evaluation Recordings and Transcripts -
- ICF Credentialing Exam
 - Not included in the course



ICF CERTIFICATION LEVEL 2



Earning an ICF Credential provides you with instant credibility and increased visibility to prospective clients.

ICF Level 2 Certification



Associate Certified Coach - PCC



ICF REQUIREMENTS FOR OBTAINING THE PCC CREDENTIAL

125h Level 2 training

ICF LEVEL 2 Approved Education program.
A minimum of 125 hours are required.

10 Mentor Coaching hours

- 7 of these sessions may be group sessions
- 3 are done with your ICF PCC mentor coach.

500 client coaching experience hours

- Completion of at least 500 client coaching experience hours following the start of coach-specific education including:
- at least 450 paid coaching hours
 - at least 50 hours of client coaching experience within the 18 months prior to submitting the ACC application
 - with at least 25 different clients.

ICF examinations

- One (1) Performance Evaluation Recordings and Transcripts
- ICF Credentialing Exam - Not included in the course



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START USING THE POWERFUL SKILLS OF COACHING TODAY

Online Micro Credential Course

Coaching Conversations



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NEED A CUSTOM QUOTE?

For any questions about your training, contact us



EMAIL

contact@theagilecompany.org



WEBSITE

www.theagilecompany.org



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